

# ON SNOW WORKSHOPS



**Congress**  
**Ushuaia/ Argentina**  
05.09. - 12.09.2015



## WORKSHOPS, Interski 2015, Ushuaia

### Swiss Workshops SKIING:

#### Teen to Keen – Demo Team Ski

The Swiss Snow League is a very successful product of the Swiss Ski Schools. Over 200,000 children attend lessons every year. We have created a new product for our teenagers in the update of the Swiss Snow League in 2015, The Swiss Snow Academy.

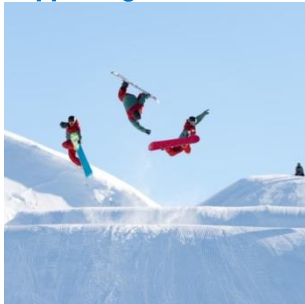
The aim is to keep the teenagers aged 12 to 17 years in the schools longer with an adjustment of the lesson structure.



### Swiss Workshops SNOWBOARDING:

#### Challenging and encouraging learners according to their age

#### Supporting children and inspiring teenagers



Show examples of Swiss instruction with children and teenagers. How lessons can be adapted to the relevant development stage to help pupils learn the movement in the best possible way and to foster an effective learning climate. We want to provide our learners with instruction according to their needs and raise their intrinsic motivation. Both children and teenagers should leave each snowboarding lesson with a smile on their faces.

### Swiss Workshops TELEMARK SKIING:

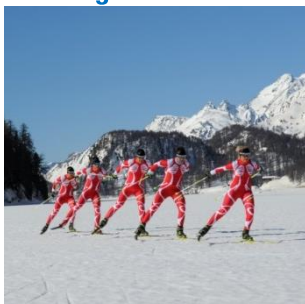
#### Experience the freedom — from references to creativity

Showcase an open playful approach to teaching suited to teenagers and adults alike. Learners will experiment with the freedom of movement afforded by the free heel attachment to the ski. Learner autonomy is encouraged by the deployment of varied organisation forms in which tasks are set. Using solid references as a starting point, learners will experiment with new more challenging forms that might even bring their free heel skis away from the slopes and into the park.



### Swiss Workshops CROSS-COUNTRY SKIING:

#### Learning movements with pictures



The key aspect of the topic is how learning from snow sports instructors can be supported as efficiently as possible. The workshop contents of how to include visualization procedures of the movement into lessons. Going through possibilities of how to support the learner in the most optimal way matching his internal and external picture.